




A Lemonade Girl is someone who ...when life gives them lemons,

 they make lemonade... as the saying goes.

The workshop is about the characteristics of having this kind of persona. Learn how to become Lemonade Girl, through looking at yourself and deciding how you react in certain situations.

If you are just a sour lemon, you need the sugars in your life to sweeten you up!

It is possible to be both an optimist and a realist and truly embrace life.



Our purpose/mission is for women to realize that choices are everything! "Suck the lemons" or make something sweet for your life.

*...in all these things we are more than conquerors through Him who loves us.*

*- Romans 8:37*

Bring a Friend!

LEARN THE 8  
CHARACTERISTICS A  
LEMONADE GIRL  
POSSESSES & HOW  
YOU CAN ADAPT  
THEM TO YOUR LIFE!

Lots of fun

from 10am - 2pm  
at Nana Bananaz  
on Troup Hwy in Tyler

Reservation preferred but not required.

About the  
Speaker:

Tammy Villanueva

Tammy is a behavior therapist, life/career coach and author of Celebrate Along the Way, Secondhand Stress, Lemonade Girls, and Midlife Celebrations.



She is also co-owner and executive director of Dance Spotlight USA Talent Competitions.

A subsidiary of Celebrate Along the Way, L.L.C.



# Registration

Which Lemonade Girl Workshop  
would you like to attend?:

\_\_\_\_\_

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

- \$30.<sup>00</sup> fee includes

- Lunch from Potpourri House
- The exciting start to a sweeter life!



Please send the above form to:

Lemonade Girl  
2702 E. 5<sup>th</sup> St. #333  
Tyler, TX 75701

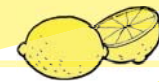
Or register online at:  
[www.LemonadeGirl.com](http://www.LemonadeGirl.com)

Questions? Contact us at 903-714-1169

... On being a  
Lemonade Girl!



Been given lemons??  
Make something special  
out of your life!



[WWW.LEMONADEGIRL.COM](http://WWW.LEMONADEGIRL.COM)

Lemonade Girl

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Tyler, TX 75701